



FREMONT COUNTY FIRE PROTECTION DISTRICT

305 S. Smith Rd. • Riverton, Wyoming 82501
Telephone: (307) 857-3030 • Fax: (307) 856-2648

THE DISTRICT

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Craig's Message

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Hey Folks

As a kid I enjoyed putting models together. The biggest obstacle that I had was the fact that I despised reading directions. Not that I couldn't follow them, I just didn't like to read them and it was too time consuming. I loved the snap together versions, not a lot of room for error in something that was already about 75% complete the moment that you opened the box, no painting, no instructions that you had to read. Just simple pictures that you had to follow and the finished product wasn't too bad.

But as my desire to challenge myself a little more increased and I wanted to tackle more complex projects I began to understand that I needed to change my attitude in order to accomplish the challenge. If I wanted to put these more complex and difficult models together then I needed to be the one that made the decision to do it. The models really hadn't changed, yeah I needed glue to put them together, there were more pieces and I had to read the instructions. But they were still a box of plastic parts that really had no control over me unless I allowed them to. If I really wanted to put the more complex, cooler looking versions together then I had to decide that I would follow the instructions. That is if I wanted a product that I was proud of and not one that I put out on the ditch bank and either used as target practice or blew up with firecrackers.

So while my desire to accomplish more through more difficult models increased, I also had to change my attitude towards them. Kind of like life. When we want to do something in our lives it has to become our decision to do it. If it isn't our choice or desire to do something then we will never give it 100% or maybe we won't even be able to do it at all. There are plenty of projects that I have left unfinished because I either didn't have the desire initially to do them or lost it while mid-stream as my desire dwindled or I found that it maybe wasn't what I really wanted. But that was my choice, I have to accept responsibility for my choice not to complete the project.

Many of us have heard of the Serenity Prayer in one form or the other. It is attributed to Reinhold Neibuhr in its first written form. It was passed around via word of mouth prior but he was given credit for the verse in its first written version in 1942. It was written then as;

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Quick Reminders

Remember we have a supply of the new "Child Locators" that display inside of the home, not in an exterior window.

And, we still have a good supply of the "Emergency Preparedness Guides" at HQ.



Dan's Message

Hey folks,

A few weeks ago I and a few other members of the district went to South Carolina and attended a course called "Kill the Flashover". The information we were able to obtain was good and the concepts are valid. Unfortunately Mother Nature was uncooperative and the course was cut short due to "Winter Storm Pax" which shut down the whole state. The upside is that May 30th – July 1st, much of the information will be presented in Cheyenne at the "Honoring Tradition, Leading Change" conference presented by Laramie County District 2. They will also be offering the "Extrication University" this is presented by Ron Moore who is a regular contributor to FireRescue magazine. If you are a Command Officer or Training Officer and you are interested in attending please let me know.

Spring is quickly approaching and with it come those popular grass fires that are a great warm up and precursor to wildland season. I know it seems early, but it is time to go through your wildland trucks and wildland gear to make sure you have everything you need. If your Battalion has not yet scheduled its RT130 Wildland Refresher and set a date to do the pack test please do so, the sooner the better.

The month of April should bring us the Northern Wyoming Wildland Fire School in Buffalo, followed by Cody Fire School the first weekend of May. I am still waiting for course offerings to be posted and I will get them out to you as soon as I have them.

On the Structural side of the world, does your battalion have a Thermal Imaging Camera (TIC)? Have you ever used it or even know where it is and how to turn it on? This is a great tool that many of us have but never use. Originally it was advertised primarily for locating individuals during search and rescue operations, but as the understanding of technology has grown so have the applications for its use. TIC's are now used in almost all facets of firefighting, from suppression to overhaul. How can you fight what you cannot see? As always, if you are needing or wanting to do any specific training such as Extrication, Cold Search and Rescue or Live Fire Burn Building, give me a call. Weekdays, week nights or weekends, whatever it takes we will make it happen.

Be Safe

Dan

Trainings:

Remember it is still Training Season Get signed up soon! Get your training done before Fire Season starts.

Contact Dan or Cindy today.



Craig's Message continued

*God, give me grace to accept with serenity
the things that cannot be changed,
Courage to change the things
which should be changed,
and the Wisdom to distinguish
the one from the other.
Living one day at a time,
Enjoying one moment at a time,
Accepting hardship as a pathway to peace,
Taking, as Jesus did,
This sinful world as it is,
Not as I would have it,
Trusting that You will make all things right,
If I surrender to Your will,
So that I may be reasonably happy in this life,
And supremely happy with You forever in the next.
Amen.*

We commonly here it in its shortened version though:

*God, grant me the serenity
To accept the things I cannot change,
The courage to change the things I can,
And wisdom to know the difference.*

However through history there have been several people of varied backgrounds and circumstances who have made similar statements:

Greek Philosopher Epictetus wrote: *"Make the best use of what is in your power, and take the rest as it happens. Some things are up to us and some things are not up to us. Our opinions are up to us, and our impulses, desires, aversions-in short, whatever is our own doing. Our bodies are not up to us, nor are our possessions, our reputations, or our public offices, or, that is, whatever is not our own doing."*

An 8th-century Indian Buddhist scholar Shantideva expressed a similar sentiment:

*If there's a remedy when trouble strikes,
What reason is there for dejection?
And if there is no help for it,
What use is there in being glum?*

11th century Jewish philosopher Solomon ibn Gabirol wrote *"And they said: At the head of all understanding – is realizing what is and what cannot be, and the consoling of what is not in our power to change."*

Philosopher W. W. Bartley juxtaposes without comment Niebuhr's prayer with a Mother Goose rhyme expressing a similar sentiment:

*For every ailment under the sun
There is a remedy, or there is none;
If there be one, try to find it;
If there be none, never mind it.*

Friedrich Schiller advocated the first part in 1801: *Wohl dem Menschen, wenn er gelernt hat, zu ertragen, was er nicht ändern kann, und preiszugeben mit Würde, was er nicht retten kann,* or *"Blessed is he, who has learned to bear what he cannot change, and to give up with dignity, what he cannot save."*

So, what does this have to do with anything – well that is your choice I guess.

Craig



305 South Smith Road
Riverton, WY 82501

Phone 307-857-3030

FAX 307-856-2348

E-mail: FremontFireHQ@wyoming.com

Mission Statement

The Fremont County Fire District is dedicated to providing the highest quality of fire, emergency and other community related services to the residents and visitors of the district.



We're on the Web at

FremontCountyFireDistrict.com

Did you know that Fort Yellowstone represented over 30 Years of Military Presence in Yellowstone National Park?

Fort Yellowstone held the first administrative facilities in Yellowstone National Park. After the discovery of the park and as word spread, the Park came under attack from citizens who visited. Some just wanted to take a little souvenir; however, when souvenirs became large chunks of the geysers there was a problem! Some developers set up camps for tourists and used hot water from the springs for bathing. Hunters were poaching whatever animals they found.

Park administrators requested assistance from the Federal Government. In August of 1886, the U.S. Army sent Captain Moses Harris and his "Company M" from the First U.S. Cavalry into the area. That was the beginning of a 30-year presence of the U.S. Army in Yellowstone National Park. At the height of the Army's tenure, over 300 military personnel were deployed there. Some of the Historic Buildings at Fort Yellowstone today were built to house this Army regiment.

